



Lectures



Friday, May 21st

Lectures 10:00 – 10:45

COLORING YOUR REALITY ART AND HYPNOSIS FOR CLIENTS

A. Sharlau

This new interactive presentation by Amye Scharlau combines the joy of art with the science of hypnosis for client change. Amye uses her art degree to create coloring pages used in conjunction with hypnosis processes to engage the mind on several levels. Receive coloring pages for weight loss, fears, and relaxation to be used with your own clients. Also learn how the art and surroundings of your physical office can be used as metaphors for change. Engaging with your clients through art will enhance rapport and give you an additional way to apply skills you already have.

This skill set works beautifully with groups of any age!

HYPNOSIS FOR TREATING DEPRESSION

B. Eimer

This didactic and experiential skills building lecture is for hypnotherapists who want to learn how to use hypnosis to help clients break their patterns of depression. Attendees will learn the mindfulness based A.W.A.R.E. Hypnotherapy model to evaluate a client's depression, conceptualize the client's problem, formulate a hypnotherapy treatment plan, and implement it. We will cover how to work collaboratively with other treating professionals with the client's consent. By the end of this lecture, attendees will be able to demonstrate how to use hypnosis to change depressive beliefs and imprint antidepressant behaviors. Learning to use hypnosis to tame depression can make you a leader among your peers.

This talk is based on Bruce's 30 plus years of experience as a licensed clinical psychologist practicing hypnotherapy with depressed clients in private practice and depressed patients in hospital settings.

MINDSET FOR SUCCESS HOW TO GET PEAK PERFORMANCE IN 3 EASY STEPS

Z. Grant

Use your most important resource, Your Mind, in a more effective way!

When your subconscious and your conscious mind disagree, your subconscious always wins. When you line up your subconscious with your conscious goals, you unleash the power to get what you want! Mindful States and Hypnosis are the most practical and the most effective way to subconscious change. Since the subconscious has no power to discriminate it will believe anything that it is told in the correct manner. Learn the three easy steps you can take to create the Mindset for Success.

Lectures 11:00 – 11:45

LONG TERM CONSEQUENCES OF CHILDHOOD ABUSE

J. Nash

Often our client's problem is not the problem they come to see you for. There are a myriad of behaviors and symptoms that a client can present with that can be related to childhood abuse that the client may or may not be consciously aware of. This lecture helps you identify if the client's problem could be related to childhood abuse.

SIMPLE THINGS YOU CAN DO RIGHT NOW TO INCREASE YOUR PRACTICE AND ENHANCE YOUR LIFE

M. Vallei

This lecture is about personal growth as well as about building your practice. Often we find ourselves confused, concerned and even stuck when it comes to growing our practices, and even ourselves. Sometimes we may feel like we are spinning our wheels and making no progress. We received the education we need to practice and we have tried just about everything we have heard about as a way to increase business and to do superb work with clients. But, there is something missing; something that just doesn't fit or that we haven't figured out. So, nothing changes. Our practice doesn't grow or it starts and stops. And/or we personally feel lost or unfulfilled. Has this happened to you? Or are you thinking these things now? If so, this lecture is an opportunity to learn how to change all that today.

This lecture presents 10 simple, yet vital and fundamental, things you can do each day that can change whatever state you find yourself and affect a positive change in your business and in the work you do with clients. These ten things can also help you live a better life. Simple is the key to profound positive, sustainable change. We often forget the simple and the practical. In so doing, we don't get where we want to go or we get close but, as the saying goes, "there's no brass ring".

Attendees will receive information which they can begin to use immediately in order to increase their business and enhance their personal growth. There will be time for discussion, questions and answers, and some actual hands-on practice.

DEVELOPING YOUR INTUITIVE SELF

R. White

We were all born with the innate ability to transcend our five senses and tap into a realm beyond that which we can see: the realm of spirit. Due to societal conditioning over the years, most adults are not as naturally intuitive as we once were as children. Many of us have lost the ability, or have been taught to fear it, to connect with something beyond ourselves, with the pure love and compassion that exists for us from a team of guides and angels connected to the Divine. The good news is that we can learn to re-activate our intuition, or our third eye chakra.

In this lecture you will learn tips on how to activate your intuition in everyday life, such as through meditation, working with light, and simply just asking and opening.

Together, we will:

- Learn about easy ways to develop your intuition and open your third eye chakra.
- Discuss the difference between the Ego and intuition (and how to know which is which).
- Learn about the various forms of higher guidance (spirit guides, angels, Ascended Master, Divine Source energy) and how to connect with them.
- Do a guided meditation to meet your spirit guide.

You will get some handouts to take home and a greater sense of clear connection with your Divine guides.

Lecture 1:00 – 1:45

VERBAL-DONTICS

P. Sacco

According to evidence-based scientific studies, poor dental health is connected to poor systemic health, all of which lead to low self-esteem, something that many of our clients request help for. By recognizing dental anxiety in the client intake, pre-talk, and powerfully scripted sessions, we can empower our clients to overcome the barrier of dental anxiety and make positive improvements in lifestyle and health.

Learn about how destructive dental anxiety is, and how it can be sabotaging your clients' overall health and well being. Poor Dental health inhibits welcoming body language and rapport.

You will learn the practical application of hypnosis for clients with dental anxiety from a Dental Hygienist's perspective who is also a Hypnotist.

BECOME A HYPNO STAR IN THE EYE OF THE MEDIA AND EXPLODE YOUR HYPNOSIS BUSINESS

S. Granger

Favorable news about your hypnotherapy business in the local, national or even international press can boost your profile and position you as the expert, the 'go to' therapist and in turn increase your client base massively.

Good publicity in the media is the most powerful tool for building recognition with your potential clients, like word-of-mouth recommendation. It is far more credible than advertising. And the good news is that it can be achieved for zero cost! I'll be sharing all the ways that you can get press attention immediately.

I'll be giving away a completely free Press and Media master class workbook to all attendees

THE SECRET TO LIVING LONGER

W. Horton

Put more life in your years and years in your life.

In this talk you will learn:

- The secrets to anti aging technology.
- Simple ways to add both life to your years and years to your life.
- Mental hacks to slow down your aging process.

With people aging - we all want to live better as well as longer!

Lecture 2:00 – 2:45

FUTURE NOW

300 MILLISECONDS AND THE FAILURE OF COGNITIVE CHANGE

F. Mau

The rational mind exists 300 milliseconds 'at least' in the past. At a neurological level emotional processing is always happening in the flash future, with cognitive processing trailing. While cognitive processes can only manage problems that have happened, emotional hypnotic change can create a truly different future, without even a moment's notice.

This presentation explores the cutting edge of the neurological nature of hypnosis, and the superiority of hypnotic approaches versus cognitive change processes. Gain a clear understanding of the cutting edge science of hypnosis, and see your clients, and the nature of true change, in a new way.

CHANGE STRESS TO CONFIDENCE IN YOUR CHILD

N. Gerey

These days the stress level of our children is just incredible. They are forced to wear a mask, can't play with each other, need to keep distance, etc. And of course parents are stressed as well...

The Goulding Process, a simple and effective tool we can teach parents to change their children's stress to confidence. We'll share a study about the Process, used after a catastrophic bush fire in Australia to reduce the young victims' trauma (some of them lost their parents).

USING STORIES FOR HEALING

L. Bennett

The Stories that tie us, bind us and ultimately free us. Learn to hold our client stories in a more empowered way. Change the narrative with the right questions and new perspectives.

This talk is about teaching clients to tell their stories in new inspired ways to avoid perpetuating their old disempowered stories. You will learn techniques to guide them from old explanations to new expressions.

Lecture 3:00 – 3:45

MINDFULNESS

S. Stockwell-Nicholas

I teach mindfulness as a fine hand in glove technique for hypnotherapy. Mindfulness invites you to pay attention to your thoughts, emotions and actions. You mind your mind and observe your behavior, thoughts, actions and reactions, and then choose how to think and be. Here-and-now focus let's you stop and smell the roses. Conscious awareness or mindfulness helps you relax.

Mindfulness has long been used for introspection and to induce hypnosis and helpful suggestions. Some try to distinguish hypnosis from mindfulness saying that one is directed by suggestion and the other is non-directive (you attend to now as thoughts as feelings come and go.) Of course, hypnosis does that very well. As I see it, mindfulness is just hypnosis in a tuxedo.

It's a good idea for hypnotists to add mindfulness to their list of practices. Join me for a fun-filled, lively presentation.

ACCESSING EMOTION WITHIN HEAVILY GUARDED CLIENTS

J. Catlin

Working with clients who seem to be stuck in their minds can be a challenge. Unresolved emotion from the past is attached to limiting beliefs which drives behavior in the present. Accessing emotional space is important for clients to discover the root of their presenting issue and to provide permanent resolution. In this presentation, we will discuss how to work with clients who are guarded and learn how to help them connect to their inner world in a safe, effective way.

You will learn how to help guarded clients connect with their emotions in order to create effective behavioral change.

ENERGY MODEL OF THERAPEUTIC CHANGE

M. Svatek

Learn how to assist your clients (and yourself) in fully understanding the practical, day-to-day flow of energy in and out of our lives in our energy core areas and how this determines a person's ability to function and thrive (or not) in each energy core area.

Lecture 4:00 – 4:45

MIND YOUR GARDEN

WEEDING OUT OLD THOUGHTS TO LIVE A BOUNTIFUL LIFE

J. Hanson

This is a corny play on words for a fresh look at the Root of client issues. Thoughts are the Seeds we sow, some are invasive and take over our lives, while others grow slowly and mature later. From the Edible to the Ornamental, and the Medicinal to the Weeds; learn a fun way to get your Wallflower clients to let go of their Forget-me-nots, and have them blooming like Daisy's in no time.

SELF HYPNOSIS AND TRANSFORMATION

K. Ring

Learn how simple directives to the subconscious mind can have a meaningful effect on change in your life when directed through the power of suggestion and the magic of self-directed suggestion similar to affirmation. Neuroplasticity and the Brain Mind singularity are flexible and have a manageable plasticity to promote lasting change.

WHOLE BRAIN CONFLICT MANAGEMENT INTEGRATING HYPNOSIS WITH TRADITIONAL MODELS

P. Daoust

The internet is rich with advice on how to manage conflict and there are plenty of workshops that teach effective strategies. People can master the skills, but they still don't use them. Why? Because conflict is an emotional event. The standard approach to teaching conflict management skills depends on changing how you think about conflict and a linear step-by-step approach to create change in behavior. There is nothing wrong with these models, they just aren't enough. This lecture will discuss the integration of hypnotic tools to engage the subconscious of both parties with the more traditional, cognitive approaches. This whole brain approach is more effect and efficient.

Attendees will learn a more holistic approach to conflict management that is both more efficient and effective. This is useful in personal life and when working with clients.

Saturday, May 22nd

Lecture 10:00 – 10:45

HYPNOADDICTIONOLOGY: ADDICTIONS OR BAD HABITS

W. Horton

Learn about the neurological aspects of habit and addictions. What is the difference between a bad habit and an addiction? Learn the best ways to help an addict or alcoholic and to understand the brain based aspects of addictions.

I have been lecturing on addictions for 35 years and share current up-to-date info as it becomes available.

PRESENTATION MAGIC

M. Watson

It's easy to do presentations and public talks when you know a few special secrets. Learn two formats that you can use to quickly put a presentation together in minutes and create opportunities to speak to groups and organizations.

This program is the result of 4 decades of experience. We'll explore the 4Mat method and how to use it effectively. We'll also cover the presentation style of NLP creator John Grinder. In addition, you'll learn a number of tips, techniques and other gems that will make your talks sparkle.

THE CANCER JOURNEY AND HYPNOTIC INTERVENTIONS

G. Coles

1 in 2 people born in the western world since 1960 will experience cancer at some time in their lives. This presentation will give delegates a better understanding of the patient's cancer journey and how they can assist with that journey with the use of hypnotic interventions. It will give an overview of what cancer is along with an insight into the patient's journey. It will look at the legal and ethical implications of working in this area and give ideas on what to work with and how! I will give you the tools, knowledge and confidence to allow you to improve your offering to cancer patients. Case histories, examples and tips will be given.

This talk will enable participants to identify how hypnosis can be used and to be able to formulate hypnotic approaches and interventions to assist those going through the cancer journey both psychologically and physically.

Lecture 11:00 – 11:45

MEDICAL HYPNOSIS ESSENTIALS TO GROW YOUR PRACTICE

E. Rosen / P. Scott

Learn the three critical areas where you, as a Hypnosis professional, can become an indispensable asset to your local medical community. You will gain insight into how you can help to educate and inform medical professionals about the unique contributions you can make to the medical 'team', making it easier, more comfortable, and practical for them to refer patients to you.

You'll learn valuable tools to expand your practice by working with medical referrals and receive a handout that includes additional useful medical research and material beyond what is covered.

CHANCES AND LIMITATIONS IN PAIN MANAGEMENT

N. Wackernagel

"Pain control and the possibilities of hypnosis have always been close to my heart. In the past, I had to deal with it personally again and again due to the many interventions. If I had known hypnosis at that time, I would certainly have used it beneficially for me. This year we decided to make various experiments with hypnosis. These included experiments with self-hypnosis, somnambulism and esdaile. What are the important aspects that can lead to success? It was very exciting what we experienced.

INSTANT AND RAPID INDUCTIONS

S. M. Andrews

Rapid and instant inductions give a hypnotist the flexibility to hypnotize more people, the confidence to be more effective, and the ability to draw more clients into the practice. Client safety is the most important consideration and simple rules to ensure the comfort and safety of the subject will be emphasized in this talk. Ericksonian confusion techniques as well as shock inductions will be demonstrated.

- Learn the safety considerations and meaning of the acronym N.E.W.S.
- Identify the two types of instant inductions, shock and confusion.

Lecture 1:00 – 1:45

THE RELATIONSHIP CODE

D. Papadakis

The Relationship Code is a systematic combination of conflict resolution techniques using the secrets of ancient healing and visualization, with Decoding. Debbie has further enhanced this system with the power of hypnosis, making it a highly dynamic tool for hypnotists. Learn how to facilitate this very simple, yet powerful system to assist clients to heal their wounded heart. Yes, you too can learn to help your client's transform any relationship! This is a step-by-step demonstration using the techniques required to restore and renew your clients' relationships and heal their wounded heart by removing the blockages that hinder them.

ROBUST RECEIVING

S. Day

Become skilled in the art of Robust Receiving by releasing the conditioned and generational habits and beliefs which limit your ability to prosper as an entrepreneur or practitioner. Investigate and disrupt abundance blocks and habituated patterns of scarcity and lack so that you become a Robust Receiver. In this lecture, you'll develop a personal action plan to move you into the zone of a receiving mindset with ease.

INDUCTION AND INTENT

D. Cleary

This presentation benefits novice to expert by demonstrating the incredible effectiveness of intent.

Recognition of the impact of life experience enhances induction. By utilizing the energies of the client we naturally develop an aura of healing, causing clear understanding of the success of the session. The simplicity of these techniques reminds participants to immediately access awareness of success for themselves and their clients.

- Clarify awareness that induction begins prior to the session.
- Realize the healing power of intent.
- Learn to shift "resistance" to advantage.
- Influence client expectation to achieve powerful results.
- Connect with the certainty of success.

Lecture 2:00 – 2:45

THE HELP OUT PROTOCOL POST PANDEMIC PROBLEM SOLVING

A. Caputo / K. Hand

Clients are finding a greater need for relief in these post pandemic times. From those clients suffering from lingering effects of the virus to clients who continue to suffer from other aspects of the pandemic, this overview will discuss the wide range of issues and how to facilitate relief.

Seasoned hypnotists will get a good understanding of the 7-step protocol, and new hypnotists will get an excellent introduction to the wide range of modalities that can be used to offer relief from effects of loss, isolation and the changing times.

Attendees will discover a helpful protocol to offer individual clients or groups to facilitate a change for good in changing times.

SLEEP TALK COACH

C. Elman

SleepTalk for Children has been available for decades and encompasses a longer period of training and working with families. The new SleepTalk Coach creates opportunities for hypnotists and therapists to talk to groups of professionals, teachers, churches, Parent groups, and corporations through Human Resources, etc. It teaches them the basics of the process of the Gouilding Process of SleepTalk for Children so that they can help build their children's self-esteem and emotional resilience. This foundation has proven to be effective in building happier children and families, and happier families yield better students, and more focused employees. You will learn about the basics of the process and areas of marketing which can expand your hypnosis practice.

SleepTalk for Children, whether as a consultant or a coach, is extremely Zoom effective. Even before the current social distancing, I have done 95% of my work with SleepTalk online. This also expands your ability to work globally.

THIS MEANS WAR!

M. Babineaux

The quickest way to reconnect with your emotions may simply be to recognize and acknowledge them.

This talk focuses on the basic elements of making beneficial changes in your life. Find and recognize your motivation to change. Analyze the actions you need to take. And consciously repeat that action in fulfillment of that motivation. It may simply be a question of recognizing that life itself is change and the action you need to take is learning to gracefully accept those changes. Become a Hypnotic Warrior in the search for peace-of-mind.

Lecture 3:00 – 3:45

IRIDOLOGY AND HYPNOSIS

J. Sanchez-Domenech

Iridology and adjunct techniques can be used in conjunction with hypnosis to complement the hypnotic experience. It helps the client enhance their receptivity and healing process by integrating hypnosis with other holistic modalities.

THE PHILOSOPHY OF LANGUAGE

D. & J. Chong

There is an automaticity that we have only one language and that is English. The oddest thing is that very few people seem to be aware that we happen to live in systems. It is the language of the systems that we use. We have to think of the power of the philosophy of each language system as a rocket engine. They power us into a trajectory that reaches its orbital level of life. Few are even aware of what the systems are that we live in!

I AM FINE...ARE YOU REALLY?

L. Bennett

Seeking to understand the real message of “I’m fine” This talk is about the hidden messages behind “I’m Fine”. What happens when our clients are Faking it when in reality they are struggling to Face Internal Negative Emotions and Experiences? Learn to ask potent questions to facilitate deep conversations of awareness and create pathways to freedom and peace

Lecture 4:00 – 4:45

RIDING THE WAVE OF CHANGE VISION BOARDING INTO SUCCESS

C. Allyson

There has never been a greater need to navigate change than right now. Let’s ride this wave of change together and prevent getting knocked down and sucked under by it. We know the subconscious mind ‘speaks’ in images and works 24/7. Vision boards are a collage of images of what we want our lives to reflect, which is why they are so powerful. The additional application of the experiential pieces taught here, create an unparalleled blueprint for success.

Join us here to learn a UNIQUE approach to create successful, deliberate changes in life for yourself and clients. This is a 2 step process:

- Learn three unique types of boards to use with clients based upon where the client is in their ability and desire for change.
- Learn to combine this result with 2 additional, experientially based activities, to integrate on a cellular level, achieving this vision of success.

Vision Boards are fun to do, and an excellent complimentary tool to help clients see and therefore achieve a concrete representation of desires and aspirations that they want to create next: in life, work, health and relationships.

Participants will learn how to lead groups creating Vision Boards in person, and virtually, using Zoom.

VITAMIN ‘V’ – USING VISUALIZATION TO ASSIST PEOPLE WITH CANCER

A. Ayinde

Cancer continues to claim millions of lives each year in the US and abroad. While these negative statistics continue to mount, a growing number of people termed ‘exceptional patients’ have emerged to show us the mind has tremendous healing powers. We really can think ourselves well.

This talk will lay the groundwork for learning to heal emotionally and cope with the illness and the fears that often accompany cancer. You can use “Vitamin V” to stimulate the body’s natural defenses, improve mood, lessen pain, handle the demands of treatment, increase appetite and more.

This innovative system is the leading edge of self-regulatory healing. These techniques have emerged from the recent research that has emerged from the field of clinical hypnosis and psychoneuroimmunology (PNI). What are the beliefs and attitudes we must hold if we are to survive and thrive after a cancer diagnosis.

HYPNOSIS FOR HIGH BLOOD PRESSURE

E. Clark

Expand your practice by learning what one in three people need: support in managing their high blood pressure. The results of several recent randomized controlled research studies show that hypnosis can be effective in reducing blood pressure in the short term, middle and long term.

This presentation will help you understand how the mind affects blood pressure and the key factors to address with hypnosis to support your clients with HBP.

Sunday, May 23rd

Lecture 9:00 – 9:45

PRIMING: IN PRACTICE

M. Tiers

Learn all the different ways you can influence unconscious processing. From priming the environment to evolving unconscious anchors. We are, in every moment, communicating and receiving way more information than we can consciously track. This lecture will give you some different ways to bring more congruency to your change work.

THE INNER GAME OF COMMUNICATION

Z. Grant

Communication is the foundation of all relationships. The primary problems in relationships come from poor communication. Good communication creates the foundation for trust, empathy and allows connections to grow and develop. Active listening and effective speaking are the primary communication skills for all of us to learn. These skills form the foundation for everything that is done in good communication. In combination, these skills are greater than the sum of their parts and help people to connect. In order to really connect, we need to connect from our hearts not our heads.

THE BREATHING INDUCTION

S. Norman

Breathing is a direct link to the nervous system. By altering how we breathe, we change our states of mind, which are corollary to the nervous system. This lecture will introduce you to a few breathing techniques, called Pranayama, (breath control) taught by the oldest known philosophies for accessing altered states of consciousness known, yoga. Breathing can be a powerful hypnotic induction and deepened as well; you can teach yourself and your clients how to diffuse stress and anxiety through simple breathing techniques.

Lecture 10:00 – 10:45

IDENTIFY EATING TYPES

S. Granger

In this fast paced presentation you will learn how to break through the many “aspects” of weight loss, and be able to laser focus on the things that really need to change to help your client to lose weight.

I’ll be sharing all my top secrets for delivering a programme of hypnotherapy that gives you and your client major breakthroughs, with demonstrations of aversion techniques that stick. Learn the “pattern interrupts” for major change in the way someone thinks about food. You too can become a weight loss expert in your local community and beyond!

ETHICAL PRACTICE AND THE SEVEN DEADLY SINS

M. Babineaux

An overview of ethical hypnosis/hypnotherapy practice and comment on the 7 deadly sins as they relate to that ethical practice. Also an overview of the ethics course available online and possible updates on legislation as it affects the hypnosis community.

Be on the lookout in your own behavior for habits which can destroy the confidence and trust that your clients and the public have in you and the hypnosis community. Attendees receive a nice handout with additional possibilities.

This presentation is general in nature and not intended to be legal advice. Any question as to the legality and licensing of your practice should be directed to licensed legal and accounting professionals in your particular province or state.

THE KARMIC CYCLE

S. Prakash

Karma is directly related to rebirth. With origins in ancient India, Rebirth is a fundamental concept of Hinduism, Buddhism, Jainism, Sikhism and Taoism. Rebirth is a concept that all living beings go through a cycle of multiple births. The rebirth may be in an altogether different situation, realm or form. The situation in which rebirth happens depends upon the seeds of Karma sowed in the past lives. This cycle of birth, death and rebirth continues indefinitely. The Soul keeps getting reincarnated in new physical bodies, torturing one physical Body after another, generating more Karma and passing their brunt in the future births/ lifetimes/ incarnations. The Karmic cycle in many cases is taking us in past instead of future progress. This can continue in an endless loop. Consciously we do not remember any of our past lives or our past Karmas or why we are being tortured or victimized.

Lectures 11:00 – 11:45

FORGIVENESS AND GRATITUDE IN REDUCING STRESS

N. Auerbach

Research has shown that forgiveness and gratitude play a crucial role in reducing stress levels by releasing toxic emotions, enhancing mental health, and developing resiliency. See how these two modalities coupled together successfully can liberate your clients from the cycle of negativity to promote positive relationships and peace of mind.

In this lecture you'll learn how Forgiveness Therapy can teach your clients to release the anger and resentment that is often found at the cornerstone of many physical, mental and emotional ailments, while gratitude can be approached from the perspective of how it can improve the client's life.

SELLING SUCCESS TO YOUR SUBCONSCIOUS

C.R. Hunter

This lecture is based on "The Benefits Approach" -- a great way of enhancing the motivating desire to change a habit or reach a goal (such as smoking cessation, weight management, etc.) Although not the only way to help clients change, this approach has passed the test of time since 1983 with many thousands of clients.

Helping clients identify the BENEFITS of reaching a goal increases the emotional desire to achieve success after helping clients identify their personal benefits of success, I use hypnosis to progress them forward in time to fantasize success, and enjoyment of those benefits.

WOMB REGRESSION

N. Yolles Young

En Utero/womb regression has the power to change lives, heal personality imprints, shift difficult family dynamics as well as provide an access point to deep soul wisdom. Over the past year, I have been exploring the healing opportunities found in this place of integration, growth and development. It is the location where the soul mind converges with the developing fetus, and through the gestational process, so much happens that imprints this incoming life. This talk is about what I have discovered in my exploration, as well as the techniques I use.

Lecture 1:00 – 1:45

TRANSFORMATIONAL CORE CONTINUUMS

E. Rosen

Clinical hypnotherapy helps create positive changes in the subconscious mental world, having constructive impact on life in our conscious alert world. Hypnotherapy language targets 'feel good' words that activate these changes. 'Feel good' words are actually internal positive emotional states, need states, that are core facets of our humanity, with life wounds contaminating our 'default' settings of confidence, belonging, and purpose, to name a few. Medical issues undermine these need states. This talk provides a working rubric to expose these internal cores of affirmative living, presented as visual continuums. The aim is to help the hypnotherapists customize client centered outcome goals to help those with medical and health concerns live fuller lives.

This talk will help the clinical hypnotherapist to customize client/patient positive emotional and behavioral outcomes, particularly for working in medical hypnotherapy with health related illnesses.

It proposes a new model for creating well defined clinical hypnotherapy outcomes for clients/patients with health concerns. Expand your practice and your skill set with applied hypnosis techniques.

DEVELOPMENT OF CRITICAL FACULTY

H.L. Elman

"Hypnosis is the bypass of the Critical Faculty (or Factor) and the Installation of Selective Thinking" When does a child develop its Critical Faculty and how? If we knew that, Inductions of children could be improved, and Change Work Suggestions would be worded much more effectively.

This Presentation will provide a model of Critical Faculty development, and examine its implications for Hypnotic Semantics, both children and adult. For adult clients, this is particularly relevant to Age Regression Procedures. Discussion will be encouraged. ...

Attendees will become much more aware of the Development of the Critical Faculty, and this knowledge will be of use in Regression and other adult treatments as well as affecting Child Hypnosis Procedures.

PAIN CLINIC

D. Pelles

We will discuss and demonstrate several waking-hypnosis ways to eliminate acute pain, and talk about when it is appropriate to do so. If there is time, we will also briefly discuss chronic pain. This presentation is especially for individuals who are currently experiencing pain.

Participants will learn several ways to eliminate pain, in themselves and others.

Lectures 2:00 – 2:45

THE LANGUAGE OF HEALING INTRODUCTION OF VERBAL MEDICINE

M. Sacco / R. Woods

You will be introduced to the use of cognitive-behavioral approaches and mind-body work such as relaxation, biofeedback, hypnosis, meditation, distraction, and imagery. You will discover how successfully integrating Verbal Medicine at the bedside will enhance your ability to care for and enhance the patient's perception of care.

THE USE OF TECHNOLOGY IN EVERYDAY PRACTICE D. Ellis

This lecture is on the uses of technological implements in the practice of Hypnotherapy. I have been a clinician for many years and have been using implements such as the Lucia Light to help clients achieve their goals in a more efficient manner. This talk will not only cover the fundamentals of what science has discovered about consciousness but will also discuss how to take the guess work out of the trance induction process using the tools and implements of modern scientific implements. A demo of the Lucia light and its possibilities is included here

Information about how consciousness works is no longer steeped in mystery. Science has understood some of the fundamentals of how it operates and has found ways of using mind dynamics for not only healing the mind but the body as well. This tool shortcuts the process of trance induction by removing the need for "buy in" and using the clients' natural programming to create trance.

You will learn how to use technology to take the hit or miss out of their therapy sessions and ensure client satisfaction with their services.

EMPOWERING CLIENTS: SELF-HYPNOSIS AS AN EFFECTIVE FORM OF SELF-CARE W. Rocki

Our conscious dream of life follows our non-conscious script of self-hypnosis. We change life's undesired conditions, e.g. chronic disease, phobias, addictions by exploring the non-conscious script and re-writing it with self-hypnosis. This represents self-care which builds resilience, necessary in these times of the collective emotional trauma.

Join us in an experiential presentation to learn practical tools of the self-hypnosis-based self-care which you can apply to your personal and professional life.

Hypno Expo 2021 **LIVE Online!** May 21st—23rd

VIRTUAL CONFERENCE
May 21st—23rd

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