

Luck Hypnosis Script

Jim Fallon 10/21/04

"Now take a moment..and get into a comfortable position....and close your eyes..just notice your body...and move around until you get comfortable...

Now..If you want to relax even deeper...imagine your self in a small valley...surrounded by mountains...its a warm summer day and a light breeze is blowing...bellowy clouds are scattered across a clear blue sky...and it feels good to be here.... And you begin walking a well worn path towards the base of a mountain...where you see a gate or an entranceway at the top of the mountain...

Now imagine flight of stairs. Or steps...ten steps in all.... Leading up the mountain to a large gate...ten steps in all...leading up to a large gate. I'm going to count to ten...and with every number that I count I would like you to mentally take one step...and by the time I have reached the number 10,...the gate will open and you will cross over a threshold...into the most beautiful place you could ever imagine.... one..take the frist step...two...take the second step...3...4...5..6...7...8...9...10..the gate opens and you cross over the threshold..into the most relaxing and most beautiful place you could ever imagine.... And as you walk through this most beautiful place...you feel the ground...smell the air with its special fragrances...see the beautiful sky above...hear beautiful and relaxing sounds...your using all your senses.... And you feel your feet walking along a well-worn path...

Imagine now a circle out in front of you.... On the ground...imagine this circle big enough...that you could step into it....

Use your imagination...to give this circle a color...make it your favorite color...

When you have a color in mind...imagine that in your circle....

Are all the skills...feelings...and abilities that are just for you...

You can fill it with confidence...strength...happiness.... Relaxation...concentration..and luck....

It could be all those things...and more...now go ahead...and imagine...people who have luck at gambling.... People that you may know that are lucky players...people that you've seen that have winning skills and luck...people who are the best...people who you would like to be like...these people are lucky...they know how to create and notice how to take advantage of chance opportunities...they make lucky decisions by listing to their intuition....they create and generate their own luck with their positive expectations..and having an attitude of always see the glass as half full...

Now put those people and these skills and attitudes in the circle...

Now imagine you can step into the circle...

As you do.... notice.... feel the feelings... see these skills.. And attitudes ...flow into your body.... Just like liquid.... Filling an empty glass...becoming fuller. (Pause)....

You now can feel the same as that person...or persons.... notice how it makes you feel now....with these abilities...and sensations....and thoughts...in your body...you know when to stop playing...you see yourself betting wisely....you think about and see yourself in the cashier's line getting your profits...you hear the cashier congratulate you as your winnings are handed to you....you feel the money in your hand.....

you have filled yourself...with all of the feelings....and resources you need....to accomplish being lucky...skillful...and receiving abundant winnings.... whenever you play...

Every time you step into your circle of power in any casino... ..you breath deeply ...an relax completely.. all sounds in the casino seem to relax you more...the lights in the casino allow you to see through new eyes...the eyes of a winner...for when you are in your circle... luck and abundant winnings flow to you easily because your a deriving person....while in your circle of luck you automatically see yourself has having already won...you feel the feelings of how it feels to be a winner...

so that your circle of power...will work for you...whenever you may want it or need it...

think of a time...and a place...when you would like to simply step into a space...of personal power....of luck...of abundance....of winning..of calmness....of focus and concentration.. anytime you want to use your circle of power...just mentally step into it....

it could be when you play roulette....

it could be when you play the slots...

it could be when you play blackjack...

it could be when you play poker...

it could be when you play anything...everytime you step into your circle of power...you breathe deeply...and relax completely...you draw to you luck and abundance...

success flows easily to you...just as easy as it is for you to breathe..effortless...and you just seem to place the right bets at the right time...having the power to put yourself into lucky positions in life...just as easily as taking a breath....

your circle of luck allows you to establish communication channels with that part of you that knows what is the best move you should make in order to win. It knows the best number or numbers to select in order to win.....

Take a few moments now....all you have to do...is imagine steeping into that circle...the one in front of you...

everytime you step into your circle power...your circle of luck... you attract luck and

abundance...

Your subconscious mind does all that is necessary and proper to achieve all of your goals now. Your circle of luck allows you to establish communication channels with that part of you that knows what is the best move you should make in order to win...It knows the best number or numbers to select in order to win.....

Easily, effectively, efficiently, instantly, automatically...just by being in your circle.... activates your special inner mind luck meter.. To use your luck meter...just bring together the thumb and index finger tips... of either hand...and your luck meter is activated.....

imagine now... the words Yes and No flashing, on your special meter..and ask yourself a question like... should I hit or hold in this hand...

or it could be... should I play this slot machine...

or it could be ...what number or numbers should I place bets on...

or it could be...should I find another dealer....

or it could be...to decide if its time to leave....

or it could be...to decide if someone is bluffing...

or it could be...to decide to play the hand you have...

and see the yes and no flashing and you determine which one it is.....or to answer any question you may have. After you have determined which one it is.... you clear your mind for a moment by thinking of another topic, then come back to the question , and imagine the yes and no flashing lights..

flashing Yes, and then one flashing No. Go back and forth a couple of times if you need to, and you will find that it is much easier to imagine one than the other... it will be easy to imagine one flashing Yes...or else it will be easier to imagine one flashing No...whichever is easier to imagine is your answer.... Or You may just feel one answer is more correct than the other...Or you may hear in your mind's ear one or the other...Whatever way you sense the answer...it is the right way for you...

You now know what to do...your special luck meter aligns chance to work with you....and for you... to establish communication channels with that part of your mind that knows what is the best move you should make in order to win...It knows the best number or numbers to select in order to win.....

and anytime that you want...you can think about your solar plexus...from your solar plexus...right in the center of your chest...imagine a beautiful golden light...let this light flow out from your solar plexus...and create an energy that surrounds and swoops around you and another person...it could be a dealer....it could be a black jack table....it could be a roulette wheel.... poker..craps...it could be anything that you want...and the beautiful golden light creates a cocoon....of communications....of rapport...of

agreement...of influence.....the beautiful golden light creates a loop of energy...a circle of easily flowing energy between you and the dealer...or it could be between you and the roulette wheel....or it could be between you and anything that you want... this loop of energy sends information....understanding...rapport and influence as you play....and has you play there is a natural and easy flow of communication and information....that everyone and everythin g that you flow this energy to somehow helps you win....so that your lucky... your a winner...and its just as easy as breathing...