

## Meeting Peter Blum

By Monica Geers Dahl

I met Peter Blum at the annual IMDHA conference. He was hosting a musical event and I attended. The room was packed. I started out in a chair, but at some point, after my eyes closed and Peter's sounds began to permeate the room, I found myself on the floor, on my back, on my side, turning in circles.

When my eyes opened at the end of the musical ceremony, I looked at Peter with eyes of delight. This amazing man, who transformed himself before the ceremony began with a breath and a kerchief, had given me an extraordinary experience. He had such a HUGE volume of instruments, what I remember were the singing bowls, the whistles, all performed by Peter. I felt transformed in a blissful way for the remainder of the conference. Thank You Peter.

Due to his comment about his free musical session always being packed, it inspired me to offer the free basic hypnosis training for attendees at a subsequent conference. As professionals, meeting new professionals and greeting old friends, it is lovely to offer gifts to the community, performances of curiosity and gratitude for the abundantly shared knowledge and tenderness of intimate growth and development that the IMDHA helps hypnotherapists share with each other.

I also had the pleasure of meeting with Peter during an All Stars presentation in my hometown, Detroit. Being back to my roots allowed me to reconnect with people; my kindergarten teach, my deceased brother's son and his own children, and a visit to my grandmother's grave. I was already feeling connected and pleased to be in Michigan when Peter asked for a volunteer. Oh yeah! I always have something to work on. As I sat on the stage area, Peter began his pretalk, telling the audience what he was going to do. I knew the next step was to tell me to do what he had just told the audience he was going to have me do. Beautiful. These are the basic steps of hypnosis. What I didn't expect was the energy emanating off Peter. As he spoke, I could perceive rings of energy emanating from his body. It was like being in the presence of a living, breathing singing bowl. As he spoke, he walked in circles around my body, enhancing the feeling of the energy rings emitting from his physical body. When my eyes closed, I could still see the energy rings emanating from the sound of Peter's voice as he moved in circles around me. With my eyes closed they were golden rings of energy encountering each other like waves in water.

Did he really move in circles around me? I think he did. I know that when I was in his musical ceremony, my own body moved in circles on the floor, responding to the resonance of his music. Peter Blum is an energy worker extraordinaire.

When the session was complete, I commented on the energy emitting from Peter's body. I don't think other people visually observed the same things I did. I wanted other people to know the amazing experiences I have in the presence of Peter, the profound healer.

I have been seeing energy fields since a head injury in fourth grade on the playground, leaving me unconscious for at least half an hour. To this day I can adjust my eyes and see the energy fields, the auras. Is this what Anton Mesmer was referring to with his theory of animal magnetism? Whatever it is, Peter Blum emits it just by breathing, talking and being. If you haven't had a chance to meet Peter Blum, he has Youtube videos and recorded music that brings me similar calmness.

#### References

Peter Blum <https://www.soundsforhealing.com/>

LACT / IMDHA Virtual Library